

years

PLAY & LEARN

ACTIVITIES AND LINKS TO KEEP YOUR LITTLE ONES HAVING FUN WHILE THEY ARE AT HOME.

Thank You

Dear Families,

Once again we thank you for your support. These Play & Learn suggestions may come in handy during the Easter break!

Brisbane Christian College Pre-Prep Staff

QUICK SET UP ACTIVITIES

INDOOR OBSTACLE COURSE

Look around the house for everyday items you might be able to use chairs, pillows, socks, baskets, towels rolled up...

Make the obstacle course simple at first and change the stations as they're mastered. If you like, time the kids to see who can complete the course fastest. Just beware, it can quickly turn competitive! Here are a few ideas to get you started on building an indoor obstacle course for your kids:

1. Crawl under or over a row of chairs
2. Crawl under a string stretched between two chair legs
3. Walk along a rolled-up towel like a balance beam

familyeducation.com

BUCKETS AND SOCKS

Rolled up socks and buckets can be all you need for a lot of fun. Start with the bucket not too far away and try to throw the socks into the bucket. Once that is mastered move it further away. Challenge your children, ask them to try throwing with the opposite hand than they usually use, with their eyes closed.

COLOUR SCAVENGER HUNT

This could be an indoor or an outdoor activity. It is also a great one to use while prepping dinner. Ask your child to find an object for every colour of the rainbow. Or, be more specific and ask them to find a red block, a yellow ball etc.



Image from sparklestories.com

PLAYDOUGH

Having play dough on hand makes a wonderful no prep activity. Buy some or make your own! Add trucks and tractors, cookie cutters, bowls, patty pans. It really is a limitless and much-loved activity.

CAR/BIKE WASH

Make believe play is a lot of fun! Fill a bucket of water, put out some sponges and small towels. And line up your children's bikes and or play cars. It's wash time. If you happen to have a play cash register, set that up on a table too it will add to the fun.

PUT ON SOME MUSIC

Yes, you might get a few requests but dancing is a much-loved pastime. Try searching YouTube or Spotify for 'Super Simple Songs' their most loved movie soundtrack or try the Kinderling app or digital radio station for Pre-school shows and playlists.



SCHOLASTIC LEARN AT HOME

Scholastic *Learn at Home* provides 20 days' worth of active learning journeys designed to reinforce and sustain educational opportunities.

classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html

KIWICO AT HOME ACTIVITIES

KiwiCo have created a great library of at home STEAM activities www.kiwico.com/blog/2020/03/14/activities-for-2-4-year-olds-at-home/

KIDSPOT

At kidspot you'll find a range of activities like arts & crafts, science experiments and brain teasers to outdoor games like hide & seek.

kidspot.com.au/things-to-do/collection/games-crafts-and-activities-for-3-4-year-olds

HANDS ON AS WE GROW

Has a huge range of FREE resources for all age groups.

handsonaswegrow.com/samples-weekly-activities-planner/play-week/

Let's Explore

ACTIVITIES WITH MINIMAL RESOURCES



SELF PORTRAIT

(Resource: Paper, black paint, crayons, mirror)

- Set up a paint space with a mirror. Ask your child to paint what they see. They might do many versions of their portrait.
- Let the painting dry, and now colour it in with crayons.

mericherry.com



MAGAZINE SHAPE HUNT

(Resource: Magazines, safe scissors, glue stick, paper, markers)

- Draw basic shapes on separate pieces of paper.
- Together find a couple of shapes in a magazine, cut them out and match them with the correct blank shape sheet. Then let your child search on their own.

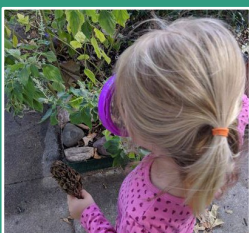
funlearningforkids.com



PLAY CARDS

(Resource: pack of cards)

Teach your kids your favourite card game, perhaps a simple one such as **UNO** or **donkey**, where everyone each gets a card and must follow the pattern on the card left open in the deck. If it is a 3 of hearts, everyone will need to play hearts and whoever plays the highest number wins the hand. *parenting.firstcry.com*



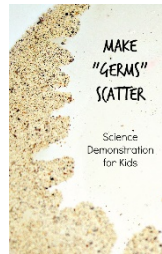
LOOK CLOSER

(Resource: Magnifying glass)

Give your child a magnifying glass and let them explore the house. Everything looks very different up close. Head outside and look closer at plants and bugs.

UNDERSTANDING COVID-19

It is a confusing time for our children. They can sense something is different but don't really understand what is going on. Talking with your children and ensuring they feel safe is important.



GOOD HYGIENE

Preschool aged children love to investigate. Help them see the germs by trying out this **experiment**.

www.fantasticfunandlearning.com/make-germs-scatter-science-demonstration.html

Remind, demonstrate and sing!

Wash your hands song

www.youtube.com/watch?v=02FuyeCWFU



Cover your cough with a tissue or your elbow. After coughing or sneezing always wash your hands.

Wash your hands with soap for at least 20 seconds or the time it takes to sing **Twinkle Twinkle Little Star**.



Have a Blessed Easter.

